

The Tarheel Histo News

The Quarterly Publication of the NC Society of Histotechnology
Volume 4, No.3



December 2016

NCSH Officers

Tonia Crook
President

tmcrook@hotmail.com

Deborah Sawyer
Vice President

deborah_lam@msn.com

Otis Lyght
Treasurer

olyght@hotmail.com

Elizabeth McNeil
Secretary

EMcNeil7@aol.com

NCSH Volunteers

Laura Shewmon
Registrar

nssh.registrar@gmail.com

Aurel Alston
Webmaster

asalston@hotmail.com

David Weil
Newsletter Editor

weild1@gmail.com

Jacqui Thomas
Exhibits Coordinator

jacqui.thomas@waynehealth.org

Robert Hutchinson
Vendor Representative

rob.hut@choicemedind.com

Cathy Mathis
Nominations-Elections
Coordinator

cmmathis@wakehealth.edu

Erley Tilus
CEU Coordinator

tilus80@gmail.com

Angela Spring
Volunteer Coordinator

JJMP421@gmail.com

Social Media

Like us on Facebook:

[NC Society of Histotechnology](#)

Visit us on the web:

<http://ncsh.info/index.html>

Subscribe to our listserv for current
updates and

Society news:

[NCHistochatter](#)

A Letter from the President

Greetings Colleagues,

I hope this letter finds you all well. As we prepare for the Holiday Season I need to remind everyone that we are working on the Spring Meeting for March 23-25, 2017. The success of the 2017 Spring Meeting depends on your participation. We are asking our members to help us recruit new speakers and provide input on topics of interest. Can you help? The deadline for speaker abstracts is **December 15, 2016**. NCSH is credentialing and providing CEU's, as agreed upon at the 2016 Spring Business Meeting. The December 15 deadline gives the NCSH Executive Committee time to review and prepare everything so the initial itinerary can go out by the second week of January.

We appreciate everyone's help and dedication to NCSH. In light of that, the Executive Committee needs everyone to be aware that lots of planning goes into the annual meeting far in advance. The Spring Meeting falls earlier this year than years past due to the Spring Break and the Easter Holiday schedule, therefore; we need to get everything ready earlier to meet organizational deadlines. We started planning at the November 12 Executive Committee meeting and it was very productive. Our next meeting is **January 7**. I need all hands on deck please. If you are serving on a committee or are an Officer or volunteer you are expected to attend all Executive Committee meetings. We can do Skype, teleconference, and possibly other options to accommodate everyone as much as possible. Executive Committee meetings are open to *all members of NCSH*. If you would like to attend or participate via electronic means, please contact me at tmcrook@hotmail.com for location and details.

This is an election year for **all Officer Positions**. I need everyone to consider who they would like to nominate to run for office. I will not be able to run for President again and Elizabeth McNeil will not be running again for Secretary. If you are interested in running or know someone that meets the criteria, please nominate them or yourself for that office. The criteria for the nominating process and eligibility of candidate is listed in the bylaws and excerpted below for your review. The nominator and the nominee must first be a member in good standing.

Please make sure you like NCSH on Facebook and follow us so we can increase the activity and information sharing. We also have the website www.ncsh.info that contains very important information, and like Facebook, it is updated regularly.

Kindest Regards,



Tonia M. Crook

Tonia M. Crook, NCSH President

We value your input – What kind of content do you want to see in your newsletter?

Do you have an article, photo or column inspiration? All creative ideas are welcomed for consideration. Please email David Weil, Newsletter Editor (weild1@gmail.com). We are currently reviewing advertising rates, please send your inquiries to the email above.

DIRECTOR'S CORNER

Greetings! As we approach the end of 2016 I'd like to share with you some of our accomplishments and goals for the future. The NSH Board of Directors is committed to working together with the NSH staff and members on the goals outlined in the strategic plan. For each strategic goal a number of areas have been identified in which key initiatives will develop and track. As the plan is implemented over the year, the initiatives will be expanded and more detailed activities will be completed. A continuous review of each process through established tracking systems will report on the overall effectiveness of each goal and will guide the BOD in making changes.

The NSH Board of Directors is committed to being accountable for the resources entrusted to us. We are here to serve at the direction of the NSH members, to ensure a strong and sustainable future for the National Society for Histotechnology.

2016 Strategic Plan Accomplishments

2.2 Create a resource library to include: Article reviews, laboratory templates, and relevant survey data; i.e. salary, workload, reporting, and master reference lists.

- NSH Launched *The Block* January 2016
- NSH Launched *The Image Bank* June 2016
- NSH Launched *Histo Talks: NSH Podcasts* October 2016

1.4 Create, Implement & Provide Online Education

- Launched the NSH + LabCE Histology Exam Simulator

3.2 Collaborate & align with key organizations to educate & promote the profession & society

- All Board appointed representatives were surveyed for input on the involvement with other organizations on behalf of NSH, and a report was prepared and shared with the Board.
- Members were provided with information and updates on NSH co-signing a letter from ASCP BOC Challenging CMS's Nursing Equivalency.
- Updates on the Biological Stain Commission in the summer issue of *NSH in Action*.

3.5 Develop and market different levels of individual and institutional membership classifications that meet the diverse needs of different member groups.

- NSH developed and presented a Membership Development Strategy to the Board of Directors at the September 22 meeting which was approved. The strategy is based on data gathered over the past year.
- NSH will pilot bundled Lab Package memberships in 2017 for launch in 2018

HistoQIP Grader Applications due December 31st

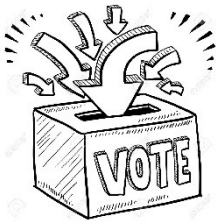
Interested in serving as a HistoQIP grader? Complete your application and submit it to the NSH Office no later than December 31 to be considered. Potential graders must meet the grader criteria established by the NSH HistoQP committee detailed on the application.

NSH Launches First Podcast Series

Every year the NSH Symposium/Convention features a wide array of science and research, including its impressive poster program. The poster floor is a petri dish of new ideas, collaborations, and an exchange of great information. During the 42nd Annual NSH Symposium/Convention members of the NSH and Education Committees were fortunate enough to sit down with many of the poster presenters to talk more about their work and the passion behind it. Those conversations resulted in the first NSH podcast series released this past October titled *The 2016 Poster Podcast*. A new interview is released every Monday and Wednesday. Podcasts can be heard through [Podbean](#) or [iTunes](#). Full abstracts and the podcasts can also be viewed in [The Block](#).

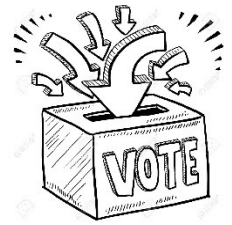
Please feel free to contact me with any questions. In closing, I want to wish each of you happiness and joy this holiday season and in the coming year.

Best regards,
Sue Clark
NSH Region III Director



2017 NCSH Officer Elections

2017 is an election year for **all offices** for the 2017-2019 term



Please review the information below excerpted from the 2016 NCSH Bylaws Revision.

Detailed Job Descriptions for each position are available on the website

<http://ncsh.info/ncsh-2015-16-officers.html>

ARTICLE III – OFFICERS

Section 1 – Title and Qualifications

A. Officers: The officers of NCSH shall be referred to as the Executive Committee and include the President, Vice President, Secretary, Treasurer and Immediate Past President.

B. Qualifications: Only Active Members, as defined in Article II, Section I – Membership Classification, who hold ASCP HT or HTL certifications or are certification eligible shall hold office in NCSH. Candidates must be members in good standing for a period of no less than five years, have served as an active volunteer and attended at least two Executive Committee meetings, one pre Annual Meeting and one post Annual Meeting to observe. To be eligible to run for President or Vice President, candidates must have held another officer position or former Board of Directors position.

Section 2 – Duties and Qualifications

The officers shall serve concurrently as voting members of the Executive Committee.

A. President: The President shall be the principal executive officer of the Corporation. The President shall conduct all meetings of NCSH according to the standards rules of order; prepare agendas for all meetings of the members and the Executive Committee; shall with the approval of the Executive Committee, establish all committees and appoint all chairpersons and editors. The President shall communicate as needed with the NSH Regional Director to fulfill NCSH function as a Constitute Society. Upon leaving office, the President shall serve on the Executive Committee as the Immediate Past President.

B. Vice President: The Vice President shall, in the absence or disability of the President, perform the duties and exercise the powers of the President. The Vice President shall also act as program chairman for NCSH.

C. Secretary: The Secretary shall keep accurate records of the proceedings of all meetings and acts of the Executive Committee. The Secretary shall give all notices required by law and by the Bylaws, shall have general charge of the corporate books and records and of the corporate seal, and shall affix the corporate seal to any lawfully executed instrument requiring it. The Secretary shall give all notices required by law and these Bylaws and shall sign such instruments as may require the Secretary's signature and perform such duties incident to the office of Secretary or otherwise assigned by the President. The Secretary shall send out all notices of regular and special meetings and shall carry on all official NCSH correspondence, as assigned by the President or the Executive Committee. The Secretary shall keep all minutes of all regular and special meetings. These minutes shall be available upon request to the membership. The Secretary shall keep an inventory of NCSH property and shall perform other duties incident to the office as assigned by the Executive Committee.

D. Treasurer: The Treasurer shall have custody of all funds and securities belonging to the Corporation and shall receive, deposit or disburse the same under the direction of the President. The Treasurer shall keep full and accurate accounts of the finances of the Corporation in books especially provided for that purpose, and shall cause a true statement of its assets and liabilities as of the close of each fiscal year and the results of its operations and of changes in surplus for such fiscal year, all in reasonable detail, to be made and filed at the registered or principal office of the Corporation within four months after the end of such fiscal year. The statement so filed shall be kept available for inspection by any director for a period of 10 years, and the Treasurer shall mail or otherwise deliver a copy of the latest statement to any director upon his written request therefore. The Treasurer shall, in general, perform all duties incident to the office of Treasurer and such other duties as may be assigned to from time to time by the President.

2017 Officer Elections: Nominations and Ballots

Nominations should be submitted to Cathy Mathis (Nominations-Elections Coordinator)

cmmathis@wakehealth.edu.

Nominations are due to Cathy Mathis no later than February 10, 2016.

1. Please make sure you keep the Society updated if you change your email address to ensure we are able to send you a ballot. Ballots will be **emailed out no later than Feb 21st, 2017**. A change of email address can be sent to ncsh.registrar@gmail.com
2. To have your vote count, you must be a **current 2017 member by March 13th, 2017**. A membership form for 2017 is attached at the end of the newsletter. Dues are \$20. Or apply online: <http://ncsh.info/online-ncsh-application.html>

Excerpted from the 2016 NCSH Bylaws Revision: Section 3 - Election of Officers

A. Nominations: *The President shall appoint a Nominations Committee from the Active Members, as defined in Article II, Section I – Membership Classification, at least six months before the annual in an election year. Any member in good standing may submit to the Committee the names of persons nominated for office. A person nominated shall have been informed of the nomination and expressed a willingness to serve. Nominees shall submit a curriculum vitae at a time specified by the Committee. It shall be the aim of NCSH to present at least two candidates for each office. Provisions shall be made on the ballot for the write-in votes.*

B. Election Procedures: *The Nominations Committee shall send out ballots electronically or by mail if the member does not have a valid email address. Ballots sent by email must be returned from the same email to be valid and the mailed ballots must be returned in the envelope provided. All ballots shall be mailed by first class mail or emailed no later than 30 days before the annual meeting and returned for tally no less than 10 days before the meeting. Ballots shall be retained until after the next regularly scheduled meeting when results have been announced to the membership. Records of the election results shall be kept by the Secretary. The Officers shall be notified of the election results prior to the meeting. The Officers shall be installed during the annual meeting following their election and shall assume office at the close of the meeting.*

SAVE THE DATE



- ✍ **December 15, 2016**
Final call for speaker abstracts for the 2017 NCSH Spring Meeting
- ✍ **January 7, 2017 (10am)**
Next meeting of the NCSH Executive Committee, open to all NCSH members
- ✍ **January 2017**
-Registration for 2017 NCSH Spring Meeting opens
-Membership renewal increases to \$20 annually
- ✍ **February 10, 2017**
Officer Nominations to Cathy Mathis
- ✍ **February 2017**
Electronic ballots emailed to membership
- ✍ **March 13, 2017**
Ballots due to Cathy Mathis
- ✍ **March 23-25, 2017**
NCSH Spring Meeting at the Wilmington Hilton Riverside, Wilmington, NC. Installation of new Officers, Annual Business Meeting and awards.

Continuing Education Online

Don't miss these **free** CEU opportunities online:

- ✓ **Sakura Webinar Series** ([link to register](#))
-Video Library ([link](#))
- ✓ **Leica:** 8AM or 12PM ET ([link to register](#))
-Video Library ([link](#))
- ✓ **Ventana/Roche:** ([link](#)) self-quizzes

Additional Links (cost per CEU varies by provider)

- ✓ **NSH:** teleconferences, member benefits
- ✓ **ASCP:** multiple offerings, webcasts, Journal CE
- ✓ **LabCE (for HT/HTL)** (\$65/yr for 39.5CEU)
- ✓ **Advance Healthcare Network**

Professional Networking (searchable listservs)

NSH – [the Block](#)
[Histosearch](#) - [Histonet](#)



2016 NSH Symposium

Each year NSH S/C hosts a First Time Attendee Reception and each state society is asked to provide a gift for a raffle drawing. NCSH provided a gift basket featuring products from N.C. from Southern Season. This year's winner is Johnathan Skrocki. He is employed at the Armed Forces Radiobiology Research Institute in Gaithersburg, MD.



NORTH CAROLINA SOCIETY OF HISTOTECHNOLOGY

2017 Membership Fee \$20.00

****renewal deadline to receive your 2017 ballot: February 1, 2016**

Save paper! This form can be completed (and payment submitted via PayPal) online:
<http://www.ncsh.info/online-ncsh-application.html>

Name (First and Last): _____ **Date:** _____

Email Address: _____

****This email will be used for all NCSH-related communications*

*& included in the membership directory via NCHistochatter (googlegroup)****

Employer (or School):	
Employer Address:	
City, State, Zip:	
Phone:	

Please check all that apply:

Field:

- Clinical
- Research
- Supervisor/Manager

Certifications:

- HT
- HTL
- Other _____

Years in the Field:

- 0 – 5 16 – 20
- 6 – 10 21 – 24
- 11 – 15 25+

- I am interested in volunteering for NCSH
- I am a current NSH member
- I am a student

Make checks payable to: NCSH
Mail completed form and payment to:
Otis Lyght
1900 Neville Rd.
Chapel Hill NC 27516



STAIN KITS

- Made fresh to order, with the longest expiration date possible.
- Material Safety Data Sheets available on website.
- All product labels conform to OSHA specifications.
- BSC certified stains & USP or ACS grade chemicals.
- In general, an 8 oz. kit will stain approximately 100 slides. A 16 oz. kit will stain approximately 200 slides.

POLY MOUNT

A SYNTHETIC RESIN MOUNTING MEDIA

- Will not turn yellow.
- Air dries in 20 minutes.
- Xylene or Toluene based.
- Spreads rapidly and smoothly.
- Unique self-cleaning pour spout.
- Refractive index is close to glass.
- May also be used as a liquid coverslip.
- Toluene formula compatible with most
- Xylene substitutes.

cat# s2153 available in 8oz. 16oz.

PREFILL CONTAINERS

NON-GRADUATED OR GRADUATED CONTAINERS

- Polypropylene
- Non-Sterile
- 1/2 filled with solution
- Available in a variety of sizes. Prefilled with solution of choice

INFILTRATING/EMBEDDING PARAFFIN PRILLS

cat# c827 6 x 3lb bags per case

"At last, one paraffin for all your lab needs."

- An exclusive blend of paraffins
- Melts at 56-58° C
- Revolutionary prill form melts quickly
- Cuts cleanly down to 3 microns
- Provides excellent tissue support
- Double filtered for your convenience
- Packaged in a resealable bag for easy disposal

70 Cleveland Avenue • Bay Shore, NY 11706
Phone: 800-645-5825 Fax: 631-254-0618 Email: CustServ@PolyRnD.com